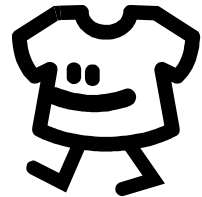


## Super White Whites

Want your whites super white? This is how I do mine each week:



### Traditional washer

Run hot water in to your washer. Add 8 scoops of the Laundry Whitener and either 1 cup of the Laundry Concentrate Powder or 4oz of the Laundry Concentrate Liquid while the water is still running. Mix until all powder is dissolved and add whites into the washer. Let the water rise until it covers the whites. Turn off washer and allow laundry to soak for at least 3 hours – you can even do this soak overnight. After soaking, spin the load until drained (do not rinse first). Move clothes into a basket. Add hot water again to the washer and this time only add 2 scoops of the Laundry Whitener and either 1/4 cup of the Laundry Concentrate Powder or 1oz of the Laundry Concentrate Liquid. Mix until all powder is dissolved. Turn water temperature down to warm and add clothes. Run load as normal.

### High-efficiency washer

Add whites to washer and set water temperature to hot. Turn on regular wash cycle. While the washer is sensing and adding water, use a bucket to thoroughly mix hot water with 2 scoops of the Laundry Whitener and either 1/4 cup of the Laundry Concentrate Powder or 1oz of the Laundry Concentrate Liquid. When washer starts its regular washing after adjusting the water level, cancel the cycle completely. Pour the bucket of mixture into the washer. Repeat bucket mixture 3 more times. Allow laundry to soak for at least 3 hours – you can even do this soak overnight. After soaking, use a drain-and-spin cycle to drain all the water off. Leaving whites in the washer, change back to the regular cycle and change water temperature to warm. While the washer is sensing and adding water, use a bucket to thoroughly mix hot water with 2 scoops of the Laundry Whitener and either 1/4 cup of the Laundry Concentrate Powder or 1oz of the Laundry Concentrate Liquid. Once the washer starts its regular wash cycle after adjusting the water level, pause the cycle and add the bucket of mixture. Continue to run the load as normal.

Using this method, I have never had a problem with red accents coloring or tinting anything outside of their original area. I have also never had any other colors run – except the time I unfortunately added an all-black tank top to the whites soak – the whites all ended up with a light blue tinge. ~lol~ So, I have actually done these same set of steps for *separate* loads of darks that had bad stains.

These laundry products are available at our Sister Site:

<http://www.PersonalHealthForToday> and are hands-down my favorite laundry

products. With all the different laundry products I've tried over the many years I've done laundry (my 25-year High School reunion is in 2012), and the variety of stains and dirt I've had to remove – I've never found any other laundry products that come close to the clean I get with these.

#### **About The Author**

Marie Rice is the founder and editor of [PartOfTheWhole.com](http://PartOfTheWhole.com) - wellness for body, mind, and spirit. She enjoys helping others reach their goals. When she's not online, Marie's spending time with her family, gardening, doing crafts, or **most likely** – reading a book!

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