

Recycling Tips

Many municipal areas now accept more types of products for recycling and also allow you to intermingle different types of recycling.

If your area still requires separation of items, consider requesting extra bins if only one or two were originally provided. Or invest in a few stacking crates or containers to store the various products.

Whether you need to separate recycling types or can throw them all into the same container, always crush or fold products to save space in the recycling container. Plastics and soda cans can be stepped on to remove air space. If light cardboard is accepted fold flat your cereal boxes, frozen food boxes, pasta boxes, and any other food or product box. If heavy cardboard is accepted, be sure to fold the box flat and small enough to fit into your recycling container.

Before crushing products that directly contained food, be sure to rinse them out (drink containers, vegetable or soup cans, condiment containers, etc). This will lessen the number of bugs and other outdoor critters that otherwise will congregate around your recycling container.

Keep a small bin near where you open your mail and place envelopes, advertisement flyers, and junk mail into the bin to add to your recycling container. Be sure to pull out anything that has your name or other personal information on it and shred instead of recycling.

I've noticed over the last several years that municipal areas tend to update their recycling allowables on a fairly regular basis. If it's been more than a few months since you last checked to see what is now accepted in your area for recycling, check your area's web site to find out what no longer has to go into the trash.



About The Author

Marie Rice is the founder and editor of PartOfTheWhole.com - wellness for body, mind, and spirit. She enjoys helping others reach their goals. When she's not online, Marie's spending time with her family, gardening, doing crafts, or **most likely** – reading a book!