

Using Native Plants

Plants that are native to your area are more resistant to local bugs and disease. And they also tend to use less water overall than plants that are not native to the region. You still need to consider shade and sun requirements as well as soil nutrients, but native plants will require less maintenance on your part than other plants.



Native plants include trees as well as shrubs and smaller plants (including flowers). Consider making the foundation of your landscaping native plants to decrease the maintenance you regularly need to perform. Native plants will also typically flourish more quickly – a benefit if you’re preparing to show your house to sell or for an upcoming celebration at your house.

To find out what plants are native to your area, there are a wide range of books in your local library. Or, simply do an internet search and enter the word “native” and the word “plant” and your state name. The resulting links will get you started.

About The Author

Marie Rice is the founder and editor of PartOfTheWhole.com - wellness for body, mind, and spirit. She enjoys helping others reach their goals. When she's not online, Marie's spending time with her family, gardening, doing crafts, or **most likely** – reading a book!

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