

## Milk Storage

Several tips for keeping milk good for a longer period of time:

Don't store milk in the door of the refrigerator. Warm air from frequent opening will make it spoil faster.

Store milk inside the refrigerator, closest to the shared wall with the freezer.

Use multiple smaller containers – if one starts spoil, it only affects that one container. I buy half-gallon containers instead of gallon containers of milk. (Plus, I have an added benefit of the half-gallon containers fitting more easily in with the rest of the items in our refrigerator. ~grin~)



Consider changing your refrigerator temperature to a slightly colder setting. This will not only keep your milk fresh longer, but will also keep other foods good for a longer period of time.

### About The Author

Marie Rice is the founder and editor of [PartOfTheWhole.com](http://PartOfTheWhole.com) - wellness for body, mind, and spirit. She enjoys helping others reach their goals. When she's not online, Marie's spending time with her family, gardening, doing crafts, or **most likely** – reading a book!

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