

Gift Suggestions

These gift suggestions can be used any time of the year, not just at the holidays. The first items listed are available on our web site and earn cash back for our members. The items listed later are optional items that you can also include in your gift set. If your gift recipient is 18 or older, consider also giving them a gift of membership to give them 15% discounts on our products when they are ready to purchase more of your smart gift choices.

If you are not already a member, use www.HealthyMembership.com for a one-time try-it discount of 15%. It is only a one-time \$19.95 fee to become a member and have the 15% discount all the time. Or get the membership free at checkout if you add a box of the daily vitamin strips to your order.

Want to give a recurring gift (such as 3 months of the daily vitamin strips)? Contact me for the easy instructions on how to set that up.

Children, 6 months to age 4

One or more of the following: the infant multi vitamin, the diaper rash cream, the baby wash, the baby lotion, the baby massage oil

Along with any of the following if desired: stuffed animal(s), comfy blanket (my kids loved the thermal weave), a new diaper/travel bag

Children, ages 4-10

One or more of the following: the children's multi vitamin, the children's DHA supplement

Along with any of the following if desired: books, jigsaw puzzles, games, activity books, coloring books, drawing paper, crayons, coloring pencils, glitter, glue, special-edged scissors, shaped hole punches, rubber stamps, ink pads

Any Busy Person

One or more of the following: a box of energy tea mix, a box of the daily vitamin strips, a box of snack bars, a box of meal bars

Along with any of the following if desired: a water bottle they can refill and use to mix and drink the tea, new calendar organizer pages, colored highlighters or pens for their hectic calendars, a gift certificate for a massage

Hiker

One or more of the following: a box of snack bars, a box of meal bars, a container of the sports performance drink, a tube of the pain cream, a box of the daily vitamin strips

Along with any of the following if desired: local hiking trail brochures, backpack, compass, GPS, hiking socks, hiking boots, canteen, travel first aid kit

Bicyclists

One or more of the following: a box of snack bars, a box of meal bars, a container of the sports performance drink, a tube of the pain cream, a box of the daily vitamin strips
Along with any of the following if desired: local cycling route brochures, water bottle, new protective helmet, bike reflectors, bike distance and/or calorie meter, travel first aid kit

Gardeners

One or more of the following: the basic household cleaner (washes off the embedded dirt easily!), a dispenser bottle with the drop tip, a tube of the hand and body lotion, a tube of the pain cream, a box of the daily vitamin strips

Along with any of the following if desired: new gardening gloves, a collection of seeds that you recognize from their garden, a gift certificate to the local nursery, a decorative planting pot with saucer

New Home Owners or Apartment Dwellers

One or more of the following: one of the starter or mini cleaning kits, a box of the daily vitamin strips, a bottle of the stress reliever, a box of snack bars, a box of meal bars, a tube of the pain cream

Along with any of the following if desired: bath towel set, kitchen towel/potholder set, throw pillows in their favorite colors, a cozy afghan or chair blanket, decorative baskets, a new laundry basket, space-saving laundry sorting system

College Students

One or more of the following: a box of the daily vitamin strips, a bottle of magnesium, a bottle of the immune-boosting supplement, laundry mini kit, household mini kit (especially if they are responsible to clean their bathroom)

Along with any of the following if desired: laundry basket, cork bulletin board, decorative push pins, storage bins (of all sizes!), eReader, grocery gift cards