

Feeling

Feeling is a sense you have.
(It is one of five.)
It means that you are all there,
That you are still alive.

Now if you burn your finger
Or stub your little toe,
Don't scream your lungs out
Or cause a great big row.

If you feel all of a sudden
Something crawling in your hair,
It means all of your nerves
Still are hanging in there.

So treat your nerves nicely,
And be careful what you touch.
Treat your nerves nicely,
And they'll thank you very much.

About The Poet

Marie Rice is the founder and editor of PartOfTheWhole.com - wellness for body, mind, and spirit. She enjoys helping others reach their goals. When she's not online, Marie's spending time with her family, gardening, doing crafts, or **most likely** – reading a book!

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