

# May Celebrations and Remembrances

## Month-Long Observances

Asian Pacific American Heritage Month  
National Allergy Awareness Month  
National Asthma Awareness Month  
National Barbeque Month  
National Hamburger Month  
National Salad Month  
Osteoporosis Awareness and Prevention Month

Tuesday of the first full week of the month – National Teacher Day

1<sup>st</sup> Saturday of the month – Kentucky Derby

Week prior to Mother's Day – National Herb Week

Wednesday of Nurse's Week – National School Nurse's Day

2<sup>nd</sup> Saturday of the month – World Fair Trade Day

2<sup>nd</sup> Sunday of the month – Mother's Day

4<sup>th</sup> Monday of the month – Memorial Day (U.S.)

01 – May Day

Also known as Beltaine

03 – World Press Freedom Day

05 – El Cinco de Mayo

Originally a Mexican observance. Now embraced whole-heartedly as an American drinking celebration.

05 – National Scrapbooking Day

06 – World Laughter Day

06-12 – Nurse's Week

06 – National Nurse's Day (U.S.)

08 – National Student Nurse’s Day

12 – International Nurse’s Day

18-24 – National Medical Transcriptionist Week (2009)